

**OLD DOMINION UNIVERSITY
INSTITUTE FOR LEARNING IN RETIREMENT
VIRGINIA BEACH HIGHER EDUCATION CENTER**

1881 University Drive
Virginia Beach, VA 23453
(757) 368-4160 e-mail: www.lions.odu.edu/org/ilr

SCHEDULE OF COURSES FOR SUMMER 2009

ILR does not discriminate with respect to race, color, religion, national origin or sex.
The opinions expressed by our speakers are not necessarily the opinions of the ILR
or Old Dominion University.

Getting More Out of Your Digital Camera

Date: Monday, July 6, 1:00 – 3:00 PM
Cost: \$10
Location: VBHEC
Instructor: Gene Strommen

Course Description: This course will center on such items as: the differences to be aware of between digital and film cameras; what are some of the common settings with which you should be familiar; how to enhance your photos using software; what are some of the more popular software programs; tips on making panorama photos; methods of managing your photos once in your computer, etc. There will be something for all levels of digital camera experience.

Instructor: Mr. Strommen leads the Tidewater Personal Computer Group's (TUG) Special Interest Group meetings. He is experienced in all personal computer-related subjects, but his main focus in the past year has been in the area of digital photography and the interrelationship with the PC.



Artistic Pluralism in the 21st Century

Date: Tuesday, July 7, 10:00 – 12:00 Noon
Cost: \$10
Location: VBHEC
Instructor: Betsy DiJulio

Course Description: The definitive character of art today seems to be its pluralism, which is undoubtedly a reflection of the times in which we live. However, there are several distinguishable threads. Join us for a discussion of a few of them including delicate and fragile works made of commonplace materials; techno-surrealism, slick machine made images; and graphic comic book influenced art with disturbing content. Be prepared to be provoked!

Instructor: Betsy DiJulio is an artist, educator and freelance writer on art, food, homes and gardens. She received her M.S. in Art History from Vanderbilt University. After serving 11 years as the Education Director at the Contemporary Art Center of Virginia, she currently teaches Art History at Princess Anne High School

Norfolk District Army Corps of Engineers: Serving the Commonwealth & the Nation

Date: Thursday, July 9, 10:00 – 12:00 Noon
Cost: \$10
Location: VBHEC
Instructor: LTC Mike Darrow

Course Description: The Corps of Engineers is omnipresent in Tidewater. The 400 civilians and U.S. Army officers of the Norfolk District serve the Commonwealth and Nation as part of the Army Corps of Engineers, the world's largest public engineering, design and construction management agency. This class will include a broad overview of the USACE and Norfolk District and focus on unique projects and programs such as the Craney Island Dredging Material Management Area, Emergency Support & Response, Oyster Restoration, Military Construction and the Global War on Terrorism. Our speaker's experience in the training of Iraqi engineers will add perspective to the role of USACE.

Instructor: LTC Mike Darrow, Deputy Commander of the Norfolk District, USACE, is a civil engineering graduate of Clarkson University and received a Masters Degree in Environmental Engineering from Cornell. His recent tours of duty have sent him to Iraq twice, Afghanistan and the Horn of Africa. His decorations include the Bronze Star, Defense Meritorious Service Medal, and the Humanitarian Service Medal.

American Musical Theatre – A Mirror of Popular Culture

Date: Monday, July 13, 1:00 – 3:00 PM

Cost: \$10

Location: VBHEC

Instructor: Jeff Meredith

Course Description: Throughout the last century the American musical developed into a populist art form that is now respected world-wide. Although originally conceived to be escapist entertainment, shows produced for Broadway have evolved as a mirror of popular culture that reflect the moods and history of the nation. Explore what lies beneath the obvious.

Instructor: Jeff Meredith is the founder and Executive Producer of the Virginia Musical Theatre. He began his professional career at the age of 12, appearing with Greer Garson in *Auntie Mame*. He also appeared in the Broadway production of *No, No Nanette*, *Applause* and *Irene*, as well as off-Broadway shows. He directed two national tours of *Equus*. Jeff graduated from VCU, and is a member of Actors Equity Association and the Society of Stage Directors and Choreographers. He founded the Virginia Musical Theatre in 1991 and was awarded an Alli Award for “Outstanding Contribution to the Cultural Life of Hampton Roads” and the Portfolio Award for “Career Achievement in Professional Theatre.”

An Introduction to Wine Appreciation – Parts 1 & 2

Dates: Tuesday, July 14 & Tuesday, July 21, 10:00 – 12:00 Noon

Cost: \$20

Location: VBHEC

Instructor: Dr. Roy L. Williams

Course Description: These two classes are meant to be taken in sequence to get the most from the material. The first class will deal primarily with the history of winemaking, the relationship of the grape, the winemaker and the vineyard. We will discuss the concept of terroir and how it influences the quality and character of the wine. There will be discussion of the different varieties of grapes grown throughout the world and what kinds of wines they produce with an emphasis on the difference between the Old World and New World styles of wine. The second class will deal with sensory perception and wine appreciation, that is, how to approach a glass of wine and what to expect. There will also be discussions on wine aging, wine faults, organic wines, wine and health and food and wine pairings. Handouts will be provided for each class.

Instructor: Dr. Roy Williams is a Professor Emeritus from ODU Department of Chemistry. He is also a well known wine educator having taught wine appreciation throughout the area for the last 22 years. He is former Director of the ODU Enological Research Facility and is a contributing columnist for the Daily Press on wine topics. His research at ODU involved wine and health and the natural positive health factors associated with moderate responsible wine consumption.

Pre-Socratic Philosophy

Date: Wednesday, July 15, 10:00 – 12:00 Noon
Cost: \$10
Location: VBHEC
Instructor: Jim Brown

Course Description: During the late 7th and 6th centuries B.C. an extraordinary development occurred in the Greek world of the Aegean Basin and Southern Italy. Trade and wealth led the elite to send their male children to Egypt for education. The results led to an age of wonderment about the origins of the universe. This class will survey about 12 – 15 philosophers and their thoughts against a historical background of the period.

Instructor: Jim Brown is a recently retired Norfolk State Professor from the History and Geography Department. He has a B.A. in History from Illinois Wesleyan University and a M.A. in African Studies from Indiana University. He has done seminars and graduate work at Yale, Johns Hopkins and Mexico City College. Jim worked in the Peace Corps in Nigeria from 1962-64.

Immigration Explained

Date: Thursday, July 16, 10:00 – 12:00 Noon
Cost: \$10
Location: VBHEC
Instructor: Hugo Valverde

Course Description: This class will provide an overview of the U.S. Immigration System and present day challenges. Hugo Valverde's interest in immigration law stems from his own family's immigration experience. His mother and father came to the United States from Peru for political asylum. He uses his experiences growing up in an immigrant family to understand the conditions his clients or their employees face. Time will be allowed for questions.

Instructor: Hugo Valverde has a Bachelor of Science degree from William and Mary, a Master's degree in Environmental Management from Duke University, and graduated with honors from Regent University School of Law. He is a member of the Virginia State Bar, the Hispanic National Bar Association, and the American Immigration Lawyers' Association. He served as Legal Advisor to the Illegal Immigration and Crimes Task Force of the Virginia State Crimes Commission. In 2008 Hugo received the R. Edwin Burnette Jr. Young Lawyer of the Year Award from the Virginia State Bar Young Lawyers' Conference. He is member of the law firm Valverde & Rowell.

BBNALONG: The Art of Lace Making

Dates: Monday, Tuesday and Wednesday, July 20, 21 & 22, 1:00 – 3:00 PM
Cost: \$30
Location: VBHEC
Instructor: Sandy Craig

Course Description: Have you ever looked longingly at intricate lace and wondered “how someone did that”? Now you can create a somewhat less intricate, but attractive and useful book mark using this ancient method of hand weaving! Using the same methods she uses to teach children, your teacher will guide you in six delightful hours, through to completion with a detour every now and then into the history and lore of this art. Note to the gentlemen: when lace was at its’ zenith, men left traditional jobs to make lace because they could earn more income for their families. Supplies will be furnished, and students will complete a bobbin lace bookmark. Come one, come all – this class is open to only 8 participants. **Signup deadline is July 10th**.

Instructor: Sandy Craig is Belgian-trained in the making of bobbin and other laces when her husband’s Navy career put them in Brussels. Sandy has been teaching in Virginia Beach and up and down the East Coast since 1988. Presently she teaches Bobbin Lace at the Bay School in Mathews, Virginia, to both adults and children. She has a background in history as a graduate of Mary Washington University. She is a specialist in flax, 18th century fiber arts, and the gentry lifestyle of Princess Anne County in Colonial and Federal periods. She is also an associate member of the Albemarle Craftsman’s Guild and a member of the educational non-profit organization, Seams Like Yesterday.

Patriot Act: Dissidence and Rebellion in Scottish and Irish Music

Date: Thursday, July 23, 1:00 – 3:00 PM
Cost: \$10
Location: VBHEC
Instructor: Dr. Edward J. Brash

Course Description: Throughout the ages the Celtic people of Ireland and Scotland have endured invasion and occupation by a variety of interlopers. Though often vanquished, the Scots and Irish have never lost their sense of nationality, and this idea is eloquently expressed in poetic form in their music. Indeed, as a central part of the Celtic culture, the music of Ireland and Scotland serves as an historical account of the rebellions and frequent dissident activities of the Celts over the centuries.

In this course, the lecturer will present an overview of a number of the most prominent rebellions in Scotland and Ireland over the centuries, along with an in-depth study and a performance of songs associated with these battles.

Instructor: Dr. Brash is a Professor of Physics at Christopher Newport University. After completing a B.S. and M.S. at Queen's University in Kingston, Canada, he received his PhD in Nuclear Physics from Simon Fraser University in Vancouver, Canada. Dr. Brash has long held an interest in music. He received a classical vocal training in a series of choirs and vocal ensembles as a youth, and has performed in several musical theatre productions. Over the past years he has studied and competed successfully in Gaelic song competitions throughout the eastern United States. He has recently formed a Celtic ensemble, which performs locally.

Norfolk Light Rail Transit

Date: Monday, July 27, 10:00 – 12:00 Noon
Cost: \$10
Location: VBHEC
Instructor: W. Randy Wright

Course Description: As a follow-up to Mr. Wright's class in January of 2008, he will give a brief review of how Norfolk Light Rail Transit got started and bring us up to date with current construction and potential expansion. The presentation will be followed by a question and answer session and discussion.

Instructor: W. Randy Wright is a long time member of the Norfolk City Council. He has been credited with "Leading the Charge for Light Rail" for over a decade. He is Chairman of the National Transit Board.

A Day in the Life of An Oceana Fighter Pilot

Date: Wednesday, July 29, 1:00 – 3:00 PM
Cost: \$10
Location: VBHEC
Instructor: CDR. J.J. "Yank" Cummings

Course Description: This lecture will examine the typical day in the life of an Oceana Naval Aviator. The Commander of one of the premier fighter squadrons will cover such things as: what a typical training day is like; what do they do to prepare for either a training flight or deployment to a carrier; what types of training do they do in the area; and how are the results of the training conducted and the flights evaluated; what type of ground training is involved? He will also touch on what Naval Aviation might look like in the future.

Instructor: Commander Cummings is the Commanding Officer of Strike Fighter Squadron Eleven, the Red Rippers, stationed at Oceana Naval Air Station.

A Visit to the Contemporary Arts Center of Virginia to View the “Art of Glass 2” Exhibit.

Date: Tuesday, August 4, 11 a.m. at the Contemporary Arts Center
Cost: \$5 at the door
Location: Contemporary Arts Center

Place: The Contemporary Arts Center, 2200 Parks Avenue, Virginia Beach. The CAC is at the corner of Parks Avenue and the westbound entrance to I-264, in Virginia Beach.

Course Description: This year the Chrysler Museum, The Contemporary Arts Center of Virginia and the Virginia Arts Festival have collaborated in mounting an exhibition of the work of the finest artists in the world. In the words of the CAC website, “The Art of Glass will amaze, delight and inspire”. The CAC is exhibiting 120 glass works. In particular, the works of Hank Murta Adams and Dante Marioni will be featured. This exhibit is a continuation of the very successful similar Hampton Roads exhibit of ten years ago.

There will be a film and tour, approximately one hour in all. It is suggested that participants adjourn together for lunch at one of the many area restaurants.

Ethics for the 21st Century

Date: Thursday, August 6, 1:00 – 3:00 P.M.
Cost: \$10
Location: VBHEC
Instructor: Jack Sommers

Course Description: In this course we will focus on some of the scientific advances of our time and the ethical issues which arise from them. Using various ethical theories to illuminate issues of vital concern we will discuss euthanasia, global issues/globalization, and artificial intelligence and the human condition.

Instructor: Jack Sommers is an Associate Professor in the Department of Humanities and Philosophy at Tidewater Community College in Norfolk. He holds an MA in Humanities (Greek Philosophy) and an MA in Modern European Intellectual History. He has recently completed his doctorate studies in Early 20th Century Art and Philosophy at Union Institute and University (Ohio).

Music of Western Civilization—Why it’s so Grand! Or, What the Rappers Owe to Bach

Date: Monday, August 10, 1:00 – 3:00 P.M.
Cost: \$10
Location: VBHEC
Instructor: David Kunkel

Course Description: This course takes a relaxed look at the evolution of our music from its beginning up to today’s music. The Conductor of Symphonicity, David Kunkel, will lead the class through a brief retrospective with “listening” stops along the way.

Instructor: Credentials/background: David Kunkel enjoyed a career as a Navy musician for 22 years, both as a bandmaster and a conductor. He also served as the conducting instructor at the Armed Forces School of Music at Little Creek. He was the founding conductor of the Virginia Beach Symphony Orchestra in 1981 which has become Symphonicity. And, he still finds the time to be the Music Director at First Presbyterian Church in Virginia Beach.

A Gathering at Concord

Date: Tuesday, August 11, 10:00 A.M. – 12 Noon AND
Thursday, August 13, 10 A.M. – 12 Noon
Cost: \$20
Location: VBHEC
Instructor: Stuart Gordon

Course Description: There came together for a few brief years in Concord, Massachusetts in the early 1800 some of the greatest American writers. We will discuss the writings and philosophies of Henry David Thoreau, Norman Melville, Nathaniel Hawthorne, Ralph Waldo Emerson, Louisa Mae Alcott, Bronson Alcott and Margaret Fuller. We will examine their lives and the interaction between them. Did you know Hawthorne was haunted by witches, Emerson dug up his dead wife’s body, and Moby-Dick is based on a true story, Margaret Fuller was the model for Hester Prynne and that Thoreau was a smuggler and almost did not go to Walden Pond?

Instructor: Stewart Gordon is a member of ILR who has done some wonderful classes for us in the past. He is a lawyer and a student of history and received his degrees from Brooklyn College and Brooklyn Law School, and has practiced law in New York and Virginia.

Switzerland: The Magic Mountain of European Culture

Date: Tuesday, August 11, 1:00 – 3:00 P.M.

Cost: \$10

Location: VBHEC

Instructor: Dr. Frederick Lubich

Course Description: Switzerland not only represents the Alpine roof of Europe, it also exhibits a multi-cultural foundation of German, French, and Italian influences. Add to this Mediterranean, Continental, and sub-tropic climate zones and one sees much more than cheese, banks, and glaciers. With the aid of slides we will explore the following areas of the Swiss experience: natural beauty, sports and activities; the development of the tourist “industry” in the 20th century; the actual history and folklore of Switzerland; and the indigenous culture which has inspired and refreshed so many artists, writers, and philosophers. Its exotic environment has attracted cultural reformers and early New Age visionaries from all over Europe and America thereby turning this natural paradise into a virtual Bermuda Triangle of the Spirit. It will be a wonderful trip!

Instructor: Dr. Frederick Lubich is the past Chairman of the Department of Foreign Languages and Literature and is currently Professor of German and President of the Society for Contemporary American Literature in German at ODU. He started his higher education at the University of Stuttgart in 1970 and ended by receiving his Doctorate with great distinction from the University of California. He has taught at Brown, Columbia, Haverford/Bryn Mawr, and Rutgers. With many books and articles to his credit on Central European culture, music, and literature, he has often been a guest commentator of films at ODU, Virginia Wesleyan, and the Naro.

The Global Burden of Disease

Date: Monday, August 17, 10:00 A.M. – 12 noon

Cost: \$10

Location: VBHEC

Instructor: Dr. Richard Brown

Course Description: This course will describe the current measures used to quantitate the major causes of disease and disability in the developed and developing areas of the world. It will outline current trends of disease prevalence over time and what diseases one will expect to encounter in the future. Included will be the risk factors, which indicate whom we can expect will get sick and die. The class will enhance our understanding of the allocation of resources intended to improve the health of persons in the developing world.

Instructor: Dr. Richard Brown is a Staff Associate with Physicians for Peace and a lecturer on global health issues for EVMS. During his 30 years working in Africa, he was involved in clinical medicine, nutrition, and family planning. He has expertise in program design, AIDS, tuberculosis, and tropical infectious diseases, including malaria. He has worked as a missionary

of the Presbyterian Church, USAID, Physicians for Peace and the World Bank, living at various times in Liberia, Tunisia, Cameroon, Congo, Kenya and Haiti. He received his MD from the University of Virginia and a Masters of Public Health from Harvard. He now resides in Norfolk and continues to travel to Africa.

Introduction to Islam

Date: Wednesday, August 19, 1:00 – 3:00 P.M.
Cost: \$10
Location: VBHEC
Instructor: M’hammed Abdous, Ph.D.

Course Description: This session is an overview about the core beliefs and practices of Islam. Participants will learn about the sources of the Islamic tradition and the significance of the five pillars of the Islamic faith. Additionally, the course will provide opportunities to: 1) appreciate the cultural context and diversity of the Muslim world and 2) discuss some common conceptions associated with Islam and Muslims.

Instructor: M’hammed Abdous is Assistant Vice Provost for Teaching and Learning with Technology at Old Dominion University. He holds degrees in Modern and Classical Arabic Literature from Mohammed Premier University in Morocco and the Social Psychology of Language from Laval University in Quebec, Canada. He received his Ph.D. from Laval University in Education Planning and Management.

Reverse Painting on Glass

Date: ALL DAY – Tuesday, August 25
First session, 10:30 a.m. – 12:30 &
Second session, 1:00 – 3:00 P.M.
Cost: \$38 (includes paint supplies)
Location: VBHEC
Instructor: Lee Wertheimer

Course Description: Take this unique opportunity to try something new! No experience is necessary, and you may develop a hobby to pursue when the weather turns bad. In this class, anyone can easily create his own motif and paint it on reverse with special non-toxic permanent glass paints that will perhaps become heirlooms. Buy your own inexpensive plates, bowls or drinking glasses (2-4 pieces, available at Michaels or A C Moore). Do not bring crystal.

This is an all day class, please note the special hours. There will only be a ½ hour for lunch, so bring your own or preorder from Diane at the office the morning of the class. Lunches will be available at 12:30 for pickup at Waves café.

Instructor: Lee Wertheimer received her MA from New York University with post-graduate studies in Art Therapy. In 1993, she was a delegate in the American Cultural Exchange Delegation to China. As past President of the Peninsula Glass Guild, she has exhibited internationally, and in 2008, won the Award of Distinction in Drawing at the 2008 Virginia Artist's statewide juried art competition held at the Charles H. Taylor Center in Hampton. In the past, she taught "The Differences between Eastern & Western Art" for the ILR.

Understanding Opera: Puccini's *La Bohème*

Date: Wednesday, August 26, 1:00 – 3:00 P.M.

Cost: \$10

Location: VBHEC

Instructor: Dr. Glenn Winters

Course Description: No opera has ever rivaled *La Bohème* in its intoxicating mixture of pathos, comedy, young love, vivid characters and inspired melody. Get to know this masterpiece with a discussion providing historical background, as well as illuminating musical analysis illustrated with audio and video excerpts. This class is ideal for opera lovers and beginners alike.

Instructor: Dr. Winters is the Community Outreach Musical Director of the Virginia Opera. He received his Ph.D. from Northwestern University. His background includes teaching college-level piano, art administration and extensive experience as an operatic baritone, and the composition of three children's musicals. His ILR opera classes are very popular.

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1881 University Drive

Virginia Beach, VA 23453

(757)368-4160 oduir@juno.com

www.lions.odu.edu/org/ilr

(Please print)

Name: _____

Address: _____

City, Zip: _____

Phone: _____ Sequence# (office Use) _____

SUMMER 2009 CLASS REGISTRATION FORM

TIME	DATE	July Classes	NAMES	EACH	TOTAL
1 pm	6 (Mon)	Digital Camera		\$10.00	
10 am	7 (Tue)	Pluralism in the 21 st Century		\$10.00	
10 am	9 (Thurs)	Army Corps of Engineers		\$10.00	
1 pm	13 (Mon)	American Musical Theater		\$10.00	
10 am	14 & 21(Tue)	Wine Appreciation		\$20.00	
10am	15 (Wed)	Philosophy		\$10.00	
10am	16 (Thurs)	Immigration		\$10.00	
1 pm	20 ,21,22	BBNALONG: <i>The Art of Lace Making</i> Deadline 07/10-maximum 8		\$30.00	
1pm	23 (Thurs)	Patriot Act		\$10.00	
10 am	27 (Mon)	Norfolk Light Rail Transit		\$10.00	
1 pm	29 (Wed)	Oceana Fighter Pilot		\$10.00	
August Classes					
1pm	6 (Thurs)	Ethics for the 21 st Century		\$10.00	
1 pm	10 (Mon)	Music of W. Civilization		\$10.00	
10 am	11 (Tue) 13 (Thurs)	A Gathering at Concord		\$20.00	
1 pm	11 (Tue)	Switzerland		\$10.00	
10 am	17 (Mon)	Global Burden of Disease		\$10.00	
1 pm	19 (Wed)	Intro to Islam		\$10.00	
10:30am to 3 pm	25 (Tue) <u>All day class</u>	Reverse Painting on Glass (fee includes paint supplies-- bring a glass object of your choice to the class)		\$38.00	
1 pm	26 (Wed)	Opera La Boheme		\$10.00	

TRIPS/ ACTIVITIES					
4:30 pm	July 12 (Sun)	Tidewater Winds Concert Dinner Freemason Abbey <i>Free Concert & Dinner separate checks—Deadline July 1</i>		Free	
11am	Aug. 4 (Tue)	Contemporary Arts Center of Virginia Art of Glass 2		Pay at the door \$5.00	
11:45 am	Aug. 11 (Tue)	COFFEE & CONVERSATION		FREE	FREE
10 am	Aug. 14 (Fri)	The Hermitage Museum & Lunch at Orapax <i>Lunch separate checks Deadline Aug 3</i>		\$ 9.80	
5:30 pm	Sept. 11 (Fri)	Pot Luck Dinner Deadline Sept 4-(maximum 40)		\$5.00	
6 am	Sept. 15 & 16 (Tue. & Wed.)	Brandywine Valley & Solomon's Island <i>(see write up for trip cost) Deadline July 15</i>		\$	
		<u>Total page 1</u>			
		<u>Total Page 2</u>			
		<u>VOUCHERS</u> <u>mail vouchers with</u> <u>payment</u>			
		Yearly dues		\$15.00 each	
<u>TOTAL DUE</u>					

**The ILR reserves the right to cancel and/or make changes to classes as
necessary!**

All members please sign and return this form to the office!!!

I do not hold Old Dominion University or The Institute for Learning in Retirement responsible for any injury which may occur during a special event, off campus class or field trip, in which I participate.

Signature _____ Date _____

Signature _____ Date _____

The ILR does not discriminate with respect to race, color, sex, religion or national origin



DIRECTIONS TO THE VIRGINIA BEACH HIGHER EDUCATION CENTER

1881 University Drive
Virginia Beach, Va. 23453-8083

From ODU/Norfolk/Portsmouth:

Take 264 East from Downtown Norfolk
Take exit #18 at Rosemont Road
Make a right onto Rosemont Road
Proceed 3.9 miles to Concert Drive
Make a right onto Concert Drive—
VBHEC is on the right

From Chesapeake:

Take 64 West toward
Hampton/Richmond
Exit onto East Indian River Road
Exit # 286B
Merge left onto Ferrell Parkway
Merge left onto Princess Anne Road
(second one)
Make a left onto Concert Drive—VBHEC
is on the left

From Virginia Beach:

Take 264 West from Oceanfront
Take Exit # 18 at Rosemont Road
Make a left onto Rosemont Road

Proceed 3.9 miles to Concert Drive
Make a right onto Concert Drive—
VBHEC is on the right

From Hampton

Take 64 East to 264 East
Take Exit # 18 at Rosemont
Road
Make a right onto Rosemont Road
Proceed 3.9 miles to Concert Drive
Make a right onto Concert Drive—
VBHEC is on the right

Parking

**All lots are marked “DECAL
CONTROLLED”.**

Please use Parking **Lot # 3** which is
toward the back of the building.

The ILR office is now issuing parking
passes for its members. You will receive a
parking pass in the mail when you sign up
for classes. The passes will be renewed as
needed by the ILR office. If you do not
receive a parking pass please stop by the
office (room #125) and we can issue one for
you the day of your class.

ILR NEWS

YEARLY MEMBERSHIP RENEWAL!

Please note that we have changed the date that membership forms are due into the office!

Our membership year will now run from

June 1, 2009 to May 31, 2010

Also we have reduced the single membership price to \$15.00.

All members will now pay \$15.00 each for a yearly membership.

ODU NEWS

The Virginia Beach Forum

At

The Sandler Center for the Arts

The forum promotes intellectual and cultural community within Hampton Roads through its annual public speakers program.

Speakers for this year are:

Juan Williams on Nov. 11, 2009

David Baldacci on January 13, 2010

Dee Dee Myers on April 21, 2010

For information contact Martin Silfen (mesilfen@aol.com)

COMMITTEE NEWS

Membership, Volunteer, Social, Curriculum, Travel

Are you interested in getting more involved with the ILR? The ILR is run by various committees and they could use your input. Each committee meets on their own set schedule. Included in the newsletter is a short write up about each of the committees and what they do for the ILR and its members.

Please take a few moments and read about all the great committees that run the ILR!

Membership

The main task of the membership committee is to work with the office administrator to keep membership records current and accurate. The committee is responsible for providing the name tags we wear and also for sending out welcome letters to new members.

Membership Committee :Dorothy Wolfred and Dee Dallman

Volunteer

This committee is responsible for working in the office when the office administrator is absent. The office work consists of answering the phone and keeping messages for the administrator.

Volunteer Committee: Trude Engelund

Curriculum

The curriculum committee meets 4 times a year to plan the course selection for the membership. The meetings are in March, June, September and December. The committee member is asked to schedule at least one class per quarter. A form is provided to obtain all the pertinent information about the proposed speaker and class. Seasoned members will help you find an instructor or two to get started with the selection process. Once you get to know an instructor they often have suggestions for additional classes or have colleagues to recommend. We all have friends, neighbors or have heard a great speaker at a local event that might be a great choice for a future class.

When you propose a class and it is scheduled you get to choose if you would like to host the class. The host gets to attend the class free of charge as an added perk!

Committee Chairs: Judy Schooley & Anne Blanchard

Travel
Who doesn't like to travel!!!

Come help this committee choose great places to visit for a day trip or an overnight adventure. We have wonderful educational and historical places of interest to visit in our area and the surrounding states. Put together an itinerary with the help of your fellow members and the site hosts. Use your imagination and sense of adventure to plan great outings for the membership.

Committee Chair: Hunter Burt

FREDERICKSBURG RIVERBOAT CRUISE & TOUR



We still have a few spaces left on the Fredericksburg Cruise and Tour!

June 9th

Cost \$95.00

This is a repeat of a trip that was a sell out last year!

If you would like to join us just call Diane at 368-4160 to make your reservation.

A QUICK REMINDER!

Don't forget you need to give the office 4 days notice in order to receive a credit voucher for a cancelled class.

Great Books Reading and Discussion Group (2009-10)

Great Books is now open to pre-registration for the 2009-10 sessions. Although these classes begin in September, we order materials in the spring so that any interested participants can begin reading the selections in advance.

This past year we used the *Great Conversations 4* anthology and will continue with that series, using *Great Conversations 5*. We meet bi-weekly on the first and third Friday of each month with the first meeting in early September. The cost for tuition and the *Great Conversations 5* anthology is \$50. Interested individuals can register with Diane at the ILR office. Should you have any questions you can phone Jim Reynierse at (757) 547-2416 or e-mail him at jreynierse@cox.net.



Brandywine Valley & Solomon's Island Cruise & Tour

September 15-16, 2009

Departs 6 a.m. from the Home Depot parking lot on Military Highway

Deadline for registration: July 15, 2009

Tour Includes: Deluxe motor coach transportation, overnight lodging at the Holiday Inn Express, 2 breakfast, 1 lunch (seafood buffet) & 1 dinner, all tours, admissions, gratitude's & services of an experienced tour guide.

Tour Highlights

A guided tour of the Brandywine Valley Museum. The museum is in a 19th century gristmill and is internationally known for works by 3 generations of **Wyeths** and its collection of American illustration, still life and landscape painting.

A guided tour of Nemours Mansion & Garden. Nemours was chosen by Alfred I. DuPont as the name for his beautiful 300 acre estate north of Wilmington, Delaware. Here he created a lovely home with landscaped gardens surrounded by natural woodlands. The mansion contains 102 rooms.

Enjoy a scenic, narrated cruise (approx. 2 hours) across the Chesapeake Bay to Solomon's Island on Maryland's Western Shore. Cruise by the Hooper's Island Lighthouse and tour the Drum Point Lighthouse and the Calvert Maritime Museum which includes an aquarium and movie theater. Also cruise by the Patuxent Naval Air Station and view the lovely waterfront homes along the bay. You might even catch watermen at work harvesting the days' catch of blue crabs.

Brandywine Valley Tour-----Please clip and return with your payment

Name: _____ Email: _____

Phone: _____ Cell Phone: _____

Roomate(s) (1) _____ (2) _____

(3) _____ (4) _____

Cost: \$312 per person double occupancy \$ 291 per person triple occupancy
 \$281.00 per person triple occupancy \$ 377 single occupancy

Cancellation insurance is available through Fun Tours—call the ILR office to request a form to fill out for this insurance.



COFFEE AND CONVERSATION

Date: Tuesday, August 11th

Time: 11:45 – 1:15

Place: VBHEC

Join us for our quarterly session of Coffee and Conversation.

What's Coffee and Conversation? It's an opportunity to socialize with fellow ILR members. We greet old friends, get acquainted with new members, share our ideas and experiences, and make suggestions for future ILR programs and events.

Everyone is encouraged to come, but we particularly hope to meet the people who will be at the Higher Education Center on April 28th for the following classes: "The Gathering at Concord" and "Switzerland: The Magic Mountain European Culture." The room number will be posted on the TV monitor in the lobby. We'll be there from 11:45 – 1:15.

So stop in before or after class and enjoy a beverage and sandwich and cookies provided by the ILR **free of charge**. If you wish to get a salad or larger meal from the Waves Café bring it on up as there will be tables and chairs.

Please RSVP either on the class enrollment form or call the office 4 days or more in advance. It helps us get the correct amount of lunch goodies.



Pot Luck Dinner

Date: Friday, September 11th

Location: June Lam's House
1420 Cooper Circle
Virginia Beach, VA

Home Phone Number: 481-5407

DIRECTIONS: Virginia Beach Blvd. to North Great Neck Road. Take a right on Mill Dam Road, take a left on South Woodhouse Road (ALANTON), left on Whittier Road, left on Cooper Road, and take a right to Cooper Circle.

TIME: 5:30 PM

COST: \$5.00

Bring pot luck to share and your choice of wine or beer. Soft drinks will be provided.

DEADLINE: September 4th

MAXIMUM: 40



The Hermitage Museum & Gardens

***7637 North Shore Road, Norfolk
423-2052***

The Hermitage, located on the Lafayette River, was built by William and Florence Sloane. It is an Arts and Crafts style house begun in 1908 and completed in 1936. Enjoy a guided tour of *The Hermitage Museum and Sloane Collection* as well as a walking tour of the gardens. Two of the upstairs galleries house *Glass FX: Works by Roberto Bernardi*, a contemporary Photorealist painter's depiction of glass still-lives. This exhibit is part of *Art of Glass 2*, a collaboration of Chrysler Museum, the Contemporary Art Center and the Virginia Arts Festival.

Date: Friday, August 14, 2009

Tour: 10:00 a.m. (There are stairs, no elevator – wear comfortable shoes for garden tour.)

Cost: \$9.80

Maximum: 25

Deadline: August 3, 2009

Directions: From Va. Beach: Take I-64 West toward Hampton/Richmond. Keep left to take I-564 West Exit 276B toward Naval Base/Terminal Blvd. Merge onto Terminal Blvd. toward Hampton Blvd. Turn left onto Hampton Blvd. Continue on Hampton Blvd. to North Shore Rd. Turn right onto North Shore Rd. Follow signs to *The Hermitage* – bearing left.

Parking: Available on site.

Optional Lunch: 1:00 p.m. at *Orapax*, 1300 Redgate Ave., Norfolk. 627-8042 - Separate Checks.

Directions: From The Hermitage: Follow North Shore Rd., bearing right, to Hampton Blvd. Turn right onto Hampton Blvd. Continue on Hampton Blvd. past 21st St. underpass. After underpass, there are 4 traffic lights to Redgate Ave. Turn Right onto Redgate Ave. Continue 4 blocks on Redgate Ave. to *Orapax*.

Parking: Small lot adjacent to bldg. and on-street parking.

***The Hermitage Museum & Gardens – Cut off and return this form to ILR by August 3, 2009
deadline date.***

Name: _____

Optional Lunch: *Orapax* - Yes _____ No _____

The Tidewater Winds

A Professional Concert Band in the Sousa Band Tradition

TIDEWATER WINDS 25TH ANNIVERSARY FREE CONCERT

Enjoy dinner at Freemason Abbey Restaurant in Norfolk followed by a free concert at the Harrison Opera House. We will meet for dinner (on your own) at Freemason Abbey and proceed in your personal vehicle to the Harrison Opera House for a performance by the Tidewater Winds. Concert will be "Once in a Blue Moon", a tribute to Louis Armstrong, Frank Sinatra and other "voices from the past".

- DATE:** Sunday, July 12, 2009
- TIME:** 4:30 PM meet at Freemason Abbey,
209 W. Freemason St. Norfolk
- COST:** Separate Checks at restaurant will include an 18% gratuity.
*Concert accepts Donations
- Parking:** At Opera House is \$5.
- Maximum:** 25
- Deadline:** July 1, 2009

Directions: Take Waterside Drive to the corner of Bousch and Freemason for restaurant. From restaurant to Opera House: Go north on Bousch St. , cross Brambleton Ave., and make a right onto W. Virginia Beach Blvd. Opera House is on the left.

Plan to meet at 6:45 PM inside the Opera House for the 7:30 PM performance. No reserved seats.

*Donations are tax deductible and encouraged due to a reduction in Government funding for the arts.

Detach below and return to ILR -- TIDEWATER WINDS 25TH ANNIVERSARY

NAME (S): _____

WILL ATTEND CONCERT _____

RESERVE A PLACE FOR DINNER _____



OLD DOMINION UNIVERSITY
Institute For Learning In Retirement

NEW MEMBERSHIP FORM

Membership runs from
June 1, 2009 to May 31, 2010

Membership fee is \$15.00 per person

PLEASE PRINT

Last Name _____ First Name _____

Last Name _____ First Name _____

Address _____

City _____ Zip code +four _____

Phone _____ Email _____

A membership card/nametag will be sent to you!

If you want a **different** name on you nametag, fill in below:

Last Name _____ First Name _____

Last Name _____ First Name _____

In order to attend class, you must be a member!

Please complete this form and make

Check payable to ILR

The ILR does not discriminate with respect to race, religion, sex, color or national origin.